

## Sex and Relationship Education (SRE Policy) November 2018

### Section 1: Introduction

#### **Purpose:**

The purpose of this policy is to outline the delivery of sex and relationship education at Upper Shirley High, and discuss the principles upon which this is based. This policy is separate from the teaching of Sexual Education in Science based on the National Curriculum guidance.

#### **Aim(s):**

Our work within SRE provides the students with knowledge about the nature of sexuality and the processes of human reproduction. It also aims to address the issues surrounding the *media and increased sexualisation of young people*. We want to provide our students with the skills to make informed choices in regards to sex and relationships, and to enable our students to understand what a healthy and positive relationship is like. Whilst promoting meaningful, loving and healthy relationships.

#### **Wider school aims/ethos:**

This policy supports the aims of developing the whole child and ensuring that students are kept safe.

#### **Consultation:**

This policy was written by Suzanne Dibden in consultation with the PSHE association guidance and recommendations from No Limits and the STAR project. Students have also been consulted through their feedback of PSHE.

#### **Sources and references:**

SRE Guidance (DFEE 2000)

*PSHE Association*

#### **Principles/values:**

*This policy is based on our commitment to:*

- Creating responsible citizens
- Promoting healthy relationships based on respect
- Developing the whole child
- Encouraging students to make responsible choices.

## **Section 2: Procedures and practice:**

### **Roles and responsibilities:**

The PSHE leader is responsible for planning the SRE curriculum across the school. They will ensure that all resources are available to the staff teaching SRE. They will also ensure that the staff delivering SRE are trained and feel confident in the delivery of sessions.

Where appropriate the PSHE leader will use outside agencies such as No Limits, the Nursing team and the STAR project to deliver some aspects of the SRE course. .

### **Delivery:**

SRE at USH follows a spiral curriculum:

**Year 7:** Body confidence and friendship.

**Year 8:** Relationships & Friendships (also introduces sexuality including Homosexuality).

**Year 9:** Students will also receive 6 hours of SRE education covering the need for healthy relationships, teenage pregnancy, cyber safety; STIs & Contraceptives. All material for this course is agreed prior to delivery. Parents will be informed of their right to withdraw from SRE prior to delivery.

**Year 10 / 11:** AIDS & HIV, revisiting contraception and discussing Abortion. .

### **Right to Withdraw:**

Parents do not have the right to withdraw their child from the SRE element of the National Science Curriculum. Reproduction is taught within science.

Further information on sex and relationships, skills development and values clarification are provided within PSHE.

Parents do have the right to withdraw their child from SRE provided within PSHE. If a parent wishes to withdraw their child from aspects of the SRE programme then they need to put their wishes in writing, stating their reasons for the request. If necessary, parents will be contacted to discuss their concerns regarding the programme with the relevant people in the school (PSHE leader, Head of Year or member of SLT).

A letter will go home to year 9 parents before they receive their SRE sessions. This will also be provided on the website for reference.

### **Teaching:**

The teaching of SRE will take place during designated PSHE time. This is clearly identified in schemes of work.

### **Homework/parent partnership:**

Letters will go home before the sex education course in year 9. This will outline their right to withdraw from SRE in PSHE. (This does not affect the teaching of reproduction as part of the

Science curriculum) A copy of the letter will be put on the website; and parents will receive a parent mail message to say the letter has been given to their child.

**Resources:**

All resources are provided by the PSHE lead. These are available on the school intranet, and available for parents to see on request.

**Monitoring and review:**

The governor with responsibility for SRE is primarily responsible for monitoring the implementation of this policy. This will be through annual discussion with the subject leader and consideration of the evidence included in the subject leader portfolio. The governor will report on this to the curriculum committee annually. The work of the subject leader will also be subject to review by the Headteacher as part of our performance management arrangements.

**Other documents and appendices:**

The SRE policy should be read in conjunction with our policies for E-Safety curriculum, learning and assessment, and PSHE Policy.