

Ref: SDI/SRE

December 2018

Dear Parents,

**Personal, Social and Health Education
Sex Education for Year 9**

In line with Government guidance, all Year 9 students will as part of their PSHE studies, have basic sex education focusing on developing and maintaining a healthy relationship. We also cover contraception and online safety as part of these sessions.

In January, all year 9 students will complete a short series of lessons led by your child's PSHE class teacher and supported by other trained professionals.

These sessions will focus on the following areas:

1. Types of relationships
2. The stages of a relationship
- 3 Staying safe online.
4. Relationships and the law – age of consent etc.
5. Contraception and STI's
6. Maintaining a healthy relationship.

As parents, you have the right to withdraw your child from these sessions. Should you wish to withdraw your child, please contact the school in writing.

In addition, if you have questions about the topics being covered, or would like further information please contact myself Suzanne.dibden@ushschool.org.

Yours sincerely,

Suzanne Dibden

Head of PSHE and Citizenship