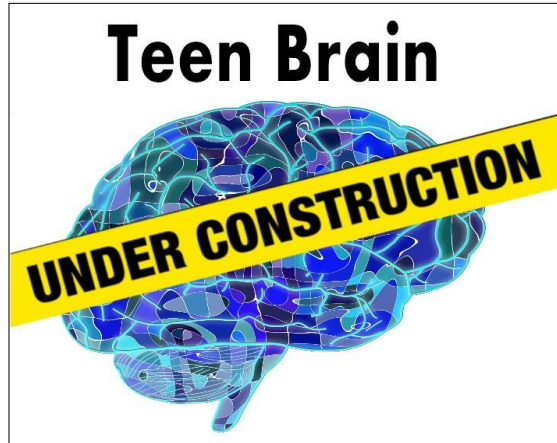


Parenting Through Secondary School

Secondary school is full of exciting opportunities, new challenges and times of growth. Upper Shirley High School is offering a selection of workshops to support and equip parents and carers over the 2017 / 2018 academic year.



HOMEWORK

Monday 2nd October - Creating An Effective Routine For Homework
FREE SESSION FUNDED BY USH - BOOK ONLINE USING THE FOLLOWING LINK:
<https://ushhomework.eventbrite.co.uk>

Homework can be a source of ongoing frustration and tension at home. In addition, many skills that should be developed doing homework can become replaced by angry interactions between parents and children. In this session we will explore what homework should offer plus how parents can work appropriately and effectively with their children in this vital area of school life.

EXAMS

Monday 16th October - Helping With Revision & Exam Preparation
FREE SESSION FUNDED BY USH - BOOK ONLINE USING THE FOLLOWING LINK:
<https://ushexamprep.eventbrite.co.uk>

The brain has a few specific things that make it work best. When these things are in place children can learn more quickly, retain information and make sense of new material. This workshop will provide an insight into the key factors that get your child's brain revising brilliantly and ready for exams!

BOYS

Monday 15th January - Understanding Adolescent Boys & Staying Connected
PAID SESSION - £8 PER TICKET - BOOK ONLINE USING THE FOLLOWING LINK:
<https://ushboys.eventbrite.co.uk>

During secondary school boys change enormously. These changes are all very important but they can be prickly and difficult to understand. During this workshop you will find out what the key changes are, why they are so important and how to interact with them positively.

ALL SESSIONS TAKE PLACE IN THE USH SCHOOL HALL 7:00-9:00PM