

BTEC

A BTEC is a nationally recognised qualification, Level Two Awards are the equivalent of a GCSE grade, A*-C. The course is non-exam based although there is an externally assessed unit of work to complete. The students will be expected to complete both practical and theory based coursework.

Subject areas which are covered over the three years are:

- Fitness for Sport and Exercise (externally assessed)
- Practical Sports Performance
- Training for Personal Fitness
- Leading Sports Activities

How is it assessed?

The grading for BTEC is different to GCSE formats, students will achieve either PASS (C), MERIT (B) or DISTINCTION (A/A*) grades for each unit, In addition, if a student does not meet the criteria above, they could achieve a Level One award which is equivalent to a GCSE D grade.

There are three areas for assessment.

- Written coursework, completing the class work and booklets.
- Individual tasks, presentations and research, in order to achieve higher grades.
- Practical display, this is measured in sports performance and first aid.
- Completion of an online external test for unit one (Fitness for Sports and Exercise).

Practical Marks

- Students will cover a range of sports but will be assessed in **two** sports of their choice.
- Students must also show an understanding of rules and tactics.
- Student will need to understand the role of officials in various sports.

Coursework

Coursework is an on-going process on the BTEC course. Work will be completed in the form of assignments, presentations, analysis of performance, coaching of others and individual research.

What is taught?

- A variety of individual and team skills.
- The rules and regulations in sports.
- How to evaluate a performance.
- Fitness components and how to test and analyse them.
- Skills required to be a sports leader.
- How to improve your own level of fitness.